

MATT HUBBARD, D.C.

Chiropractic

Convoy Village Chiropractic
4344 Convoy Street, Suite K
San Diego, CA 92111
858-279-7300
www.healthyimpressions.com

It's often said that goodness comes from the inside. For Dr. Matt Hubbard, the same is true for wellness. Since 2001, he's been encouraging patients to examine their internal motivations to achieve overall wellness.

"Our philosophy is that in order to improve your health and make necessary changes, the first change starts with you," Dr. Hubbard says.

"The core of our wellness center has everything to do with your faith, confidence and belief in yourself that you have the potential to be healthy," he adds. "I focus on people's goals, not their pains—on where they want to go and what they want to do so I can help them regain their life."

One of 180 nationwide Creating Wellness Center chiropractors, Dr. Hubbard is dedicated to bringing focus and balance to patients' lives. Through an objective wellness assessment, he educates patients and provides tools to make improvements.

"We're a wellness center unlike any other," he says. "We do more than just 'coach' you; we get results by providing personalized attention and customized strategies regarding your health and future."

Dr. Hubbard has one office designated as a Research and Clinical Science site, involving a world-class team of scientists, and recently opened a D.R.E.A.M. Wellness Center in Pacific Beach, where he guides patients through a transformation into wellness for a



"LIFE'S BETTER WHEN YOU'RE WELL ADJUSTED."

healthier future.

"People take excellent care of their cars, but never think to treat their bodies the same," Dr. Hubbard says. We have people living to 100, but they're completely medicated—they're alive, but not really living. I want to help people take back

their health and live to be 100 on purpose."

Dr. Hubbard cares about two things: results and his reputation. He knows that his 2006 national award from the World Chiropractic Alliance for Outstanding Service is a direct reflection of what he provides in this community.